

# The 2018 Stockholm Conference on Ultra-Early Intervention: *Pleasurable feeding for premature infants: - Food for thought!*

Karolinska University Hospital, Solna, Stockholm, March 22, 2018

Organizers: Karolinska NIDCAP Training & Research Center, Karolinska University Hospital

08.00-08.30 **Registration**

08.30-08.40 **Welcome address.** *Boubou Hallberg, Björn Westrup and Stina Klemming*

Moderator: Hugo Lagercrantz

08.40-09.00 **Parental experience of feeding and eating. Mother to a girl born w 25+3, weight 492g.**  
*Sofia Bernhard*

09.00-09.40 **Co-evolution of lactation and suckling illuminates the adaptive challenges of prematurely born infants.** *Jeffrey Alberts*

09.40-10.20 **Pleasurable feeding – and sleeping – a physiological rhythm for premature infants.**  
*Nils Bergman*

10.20-11.00 **Coffee**

Moderator: Björn Westrup

11.00-11.30 **Why do we only talk about breastmilk?** *Mireille Vanpée*

11.30-12.00 **Continuous feeding reduce behavioral stress in early postnatal life, and influence later breastfeeding capability in VLBW infants - Follow up of a Randomized Control Trial.** *Ann Dsilna Lindh*

12.00-12.40 **Breastfeeding preterm infants – trends, support and mothers' experiences.** *Renee Flacking*

12.40-13.00 **Discussion / Reflection**

13.00-14.30 **Lunch**

Moderator: Lena Hellström-Westas

14.30-15.20 **Pleasurable feedings for premature infants: a scientific review of best practice.** *Erin Ross*

15.20-16.00 **Pleasurable feeding, the infant's competences and bottle-feeding.** *Gillian Kennedy*

16.00-16.30 ***Fruits and visits with our sponsors***

16.30-17.00 **How immediate skin to skin contact stimulates suckling, breastmilk and breastfeeding. Observations of a Kangaroula in South-Africa.** *Jill Bergman*

17.00-17.30 **"Experiences and challenges working with premature children in our outpatient eating and feeding program at Astrid Lindgren's Children hospital, Sweden."** *Multidisciplinary Team of Eating Support and Gastroenterology at Karolinska University Hospital. Christina Wahlstedt and Erika Baraldi.*

17.30-18.00 **Discussion / Reflection**

19.00 ***Dinner at Haga Forum restaurant***

*Welcome back next year!*

**21<sup>st</sup> March 2019**

***Save the date!***

*Circadian rhythms, sleep, microglia and NIDCAP  
– what are the connections?*

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