

Developmental Care News

March 2016

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Keeping up.....



The **Journal of Perinatology** often has supplements that cover topics related to family centred developmental care (FCDC). The December 2015 edition (Vol. 35) titled “**Interdisciplinary Recommendations for the Psychosocial Support of NICU Parents**” guest edited by Michael Hynan and Sue Hall, is the result of a collaboration between 50 people representing academic institutions, professional and parent organisations across the USA. The recommendations for involving the family read like a FCDC manifesto and could be useful when you need

something compact for explaining what FCDC is all about. Other articles make recommendations for peer –to-peer support, for mental health professionals in the NICU, for palliative and bereavement care, discharge planning and staff education. Best of all (as this journal is not always to access) all the articles are available at www.support4NICUparents.org.

Scroll down to the bottom of the Home page to “Read the Recommendations”, and click to read the recommendations without the narrative and also to access the full set of papers. The site also has many other resources for parents and professionals including a FCDC bibliography.

And look out for

Support to mothers of premature babies using NIDCAP method: a non-randomized controlled trial, Sannio P et al *Early Human Development*. April 2016 , 95:15-20.

The validity and reliability of the EVALuation of INTERvention Scale (EVIN): Preliminary report. Warren I, et al, *Acta Paediatr*. 2016 Feb 20. The EVIN quantifies developmental care interventions; it can be used for training, self-assessment, audit and research.

Sensory processing patterns in children born very preterm, Crozier S et al *AJOT* Jan/Feb 2016 70(1): describes the prevalence and types of sensory processing and their associations with neonatal risk factors.

SCENE (Separation and Closeness Experiences in the Neonatal Environment).

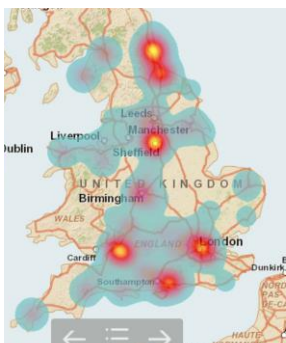
SCENE is an international, multi-disciplinary research network studying the impact of closeness and separation on infants, parents and the infant-parent dyad. A **key goal** of the SCENE collaboration is “to **identify, construct, implement and evaluate** best practice in supporting physical and emotional closeness during neonatal care”. This SCENE group will be holding a symposium on Friday, August 26, 2016, following “**Nutrition and Nurture in Infancy and Childhood: Bio-Cultural Perspectives**” a three day interdisciplinary conference, August 22nd to 25th, in Falun, Dalarna, Sweden. The programme is available at <http://www.du.se/en/About-Dalarna-University>. To find out more about the work of the SCENE group go to <http://www.utu.fi/en/sites/scene>

EFCNI: Socks for Life

The EFCNI annual Parent Organisations Meeting in Munich, February 27-29th showcased some of the fantastic work done by parents across Europe - establishing Poland's first follow up centre for preterm infants, leading quality marks for neonatal care in the Netherlands, developing diaries and apps in Denmark, celebrating World Prematurity Day with gifts to every unit in Belgium, and many more inspiring projects. Awards went to several pioneering parent organisers in Eastern Europe. EFCNI campaigns, including "Socks for Life", were presented - look up the toolkit at www.wfcni.org/socksforlife. An update on progress with the "European Standards of Care for Newborn Health" indicates that first drafts will be submitted in March. Find out more at www.efcni.org.



Developmental care hotspots in the UK.



This heat map shows the areas in England and Wales with the highest attendance at the Family and Infant Neurodevelopmental Education (FINE*) programme. One of those hotspots is in the **Northern Network**, where training has been supported by **Bliss** and the **Tiny Lives Charity**.

In 2012/13, when Pat Dulson, Clinical Specialist Physiotherapist in Neonates at the RVI, audited Family Centred Developmental Care (FCDC) across the Network she found that only 1 out of 12 units had staff with recognised FCDC training. This led to a training strategy which identified the 'FINE' pathway as a programme that could be hosted locally for all units in the Network.

Thanks to the energy and commitment of Martyn Boyd, Lead Nurse for the Network, and two Level 1: "Foundation" courses have taken place and a third is planned this summer. About 100 people, including nurses, doctors, therapists, nursery nurses and nursing support staff have completed this course, from every unit in the Northern Network. In addition 9 people from 4 units have completed the more advanced Level 2 "Practical Skills" course. Feedback from both courses is very enthusiastic. A formal evaluation is planned to capture the impact this has had on practice.

Pat was one of the first people to complete "Practical Skills" - she writes "I think we should all be really pleased with how far we have come since 2012, with Network support – but also recognise that we need to continually promote and recognise areas of FCDC which we need to improve – aiming to give babies the best outcome and provide continuity of care across and between units, based on up to date evidence".

**FINE has been developed and is delivered by a team of experienced UK NIDCAP professionals, is endorsed by the NIDCAP Federation International, and is supported by Bliss and the EFCNI.*

Chairs for kangaroo care

Recondo Recliner



<http://www.pineapplecontracts.com>

How many times have we been asked to suggest chairs for kangaroo care – chairs that don't take up too much space, chairs that can be cleaned and moved easily, chairs that recline with leg rests? Reports coming in from several NICUs in the UK suggest that the Recondo and Tucson chairs would be worth a trial. Let us know if you have other chairs to recommend.

Tucson Reclining Relax Chair



<http://www.beaverhealthcare.com>

2016 Dates for your diary

April 11th	Durham	Negotiating Infant Sleep. 4th biannual Sleep Lab conference, https://www.dur.ac.uk/sleep.lab/conference/
April 25-26	Sheffield	FINE Level 1: Foundation Toolkit for Family Centred Developmental Care. Contact: Aimen.Martin@sth.nhs.uk
April 18	Stockholm	Ultra-early Intervention. Parental perspectives and parents' participation in care. Contact nidcap@karolinska.se
May 24-25	Park Farm Hotel, Norwich	FINE level 1: Foundation Toolkit for Family Centred Developmental Care. Contact: training@bliss.org.uk
June 7-8	Portsmouth	FINE Level 1: Foundation Toolkit for Family Centred Developmental Care. Contact: training@bliss.org.uk
June 8 - 10	Stockholm	Children's Rights and Early Intervention – International Society on Early Intervention conference. http://depts.washington.edu/isei/2016conf.html
June 15-16	Durham	FINE Level1: Foundation Toolkit for Family Centred Developmental Care (Northern Network). Contact: training@bliss.org.uk
July 25-26	Dublin	FINE Level1: Foundation Toolkit for Family Centred Developmental Care. Contact: maoconnor@coombe.ie
August 22-26	Tacoma, USA	Fragile Infant Feeding Institute conference. Check for updates on facebook.com/FragileInfantFeedingInstitute/
August 23-25	Dalarna, Sweden	Nutrition and Nurture In Infancy and Childhood: Bio-Cultural Perspectives. Contact: Renée Flacking: rfl@du.se .
October 11 -12	Portsmouth	FINE Level 1: Foundation Toolkit for Family Centred Developmental Care. Contact: training@bliss.org.uk
October 24	Geneva	European Association for Developmental Care symposium. Details to be confirmed. http://www.eadcare.org/site/en/training/training-research

For information about future dates for FINE Level 2
“Practical Skills for Family Centred Developmental Care”
 contact ingaw@bliss.org.uk.

ADVANCE NOTICE: The Graven's conference: The Physical and Developmental Environment of the High Risk Infant. This popular multidisciplinary meeting, held annually in Florida, brings together parents and professional experts on a wide range of topics on infant care and development, and NICU design. Next year the 30th annual conference will be **March 1-4, 2017**. Start saving! This is a great meeting for keeping up to date, networking and sharing ideas.